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## Abstract of the Disclosure

A method for associating a group of lighting units in a wireless-controlled lighting system to respective buttons or other control elements on a remote control. Each of the lighting units transmits, via modulation of its own illumination light, a unique identification code for the respective unit. The remote control is successively positioned to receive the modulated light from each lighting unit and, at each position, the user activates a respective control element of the remote control for association with the lighting unit. The remote control then transmits to a control master for the group the unique codes and codes identifying the respective control elements with which they have been associated.